

**Zoom Telehealth User Instructions for Tablet/Smartphone**

Step 1: You will need a device (smartphone, tablet, laptop, PC, etc) with a camera, speakers, and microphone.

NOTE: Please leave yourself plenty of time to get the app downloaded before your scheduled meeting time.

Step 2:

Smartphone/Tablet: Go to your device’s app store, search for and download the Zoom Cloud Meetings app.



Step 3:

Smartphone/Tablet: Open the app and click on Join a Meeting.

Step 4: Enter the meeting

ID number provided by NorthCare and your name and click “Join.”

NOTE: Please enter your name in this format if possible to better identify you and start your appointment on time:

“First Name” “Last Initial” “Date of Birth”

Example: John D 1‐1‐1950



Step 5: Wait for your provider to start the meeting. If you get any pop‐ups asking to allow Zoom to use your device’s camera or microphone, please accept them.

Step 6: When your appointment starts, please click at the bottom to “Join Audio” and “Call via Device

Audio” and then click on Start Video.